

Hampton Roads Obedience Training Club

The Fun Place for Dots and Their Owners



JANUARY 2015

The Recall

UPCOMING MEETINGS:

Next HROTC Board Meeting: Tuesday, February 28, 2014 at 4:00 p.m.

Next HROTC General Meeting/Awards Dinner: - Tuesday, February 28, 2014 at 6:00 p.m.

A brief General Meeting will be held the evening of the Annual Awards Banquet. The recommendations for nominations for the HROTC Officers and Board of Directors will be presented. Nominations will also be accepted from the general membership at this time (with the approval of the nominee).

MEMBERSHIP DUES REMINDER: Membership dues (\$25 individual/\$35 family) were due by the end of December 2014. If you have not submitted your dues yet, a renewal form is included in this newsletter.

Annual Awards Banquet **Saturday, Feb. 28, 2015 at 6:00pm** **Bring a Dish to Share!** **Stupid Cupid Gift Towne Hall** **137 Mount Pleasant Road** **Chesapeake, VA 23322** **Exchange**

Rules for the HROTC Awards Banquet
Stupid Cupid Gift Exchange

Every person wishing to participate should bring a wrapped, unidentified gift (\$10.00 range, not necessarily dog related). Each participating person will receive a number. When the Gift Exchange begins, whoever has #1 will select, open and display the gift that they chose.

Person holding #2 will then either select a new gift to open OR take the gift that #1 chose, in which case #1 will select another gift. Number #3's turn...this person may select a new gift, take one that #1 or #2 has, in which case that person will select a new gift or take the gift from the other person.

A gift will be considered "retired" if someone has had possession of that gift for the third time. This continues until the last present has been opened.

There is one important rule to remember: No Crying!

HROTC Board of Directors - Election

Beverly McGhghy and Stephanie Trevino have completed their board member terms and these slots will need to be refilled. The Nominating Committee consisting of Julie Slobodnjak – Chairperson (757/422-4790 Home, 757/513-0508 Cell); Lori Henney, Suzie Parsons and Margery Howell, has contacted members and has prepared the following proposed slate which will be presented at the February meeting:

President:	Jean Conroy (term concluded – up for reelection)
Vice President:	Cheryl Gebler (previous Recording Secretary; replaces previous Vice President A.J. Eller)
Treasurer:	Suzie Parsons (term concluded – up for reelection)
Corresponding Secretary:	Burt Juda (term concluded – up for reelection)
Recording Secretary:	Beverly McGhghy (previous Board Member; replaces Cheryl Gebler)
Training Director	Karen Neymark (term concluded – up for reelection)
Board Member:	Lynn Winstead
Board Member:	Mike Hansley (replaces previous Board Member Stephanie Trevino)
The following Board Members have one-year remaining to serve (of their two-year commitment):	
Board Member:	Silke Satzinger
Board Member	Margery Howell

Nominations will also be taken from the floor at the February 28, 2015 meeting. Please contact the Nominating Committee if you are interested in serving on the Board and would like to be on the ballot. If you would like to nominate someone other than yourself, you must obtain the nominee’s consent prior to their nomination.

Short Bios for Nominees

The Nominating Committee requested nominees to provide brief biographies to assist with the election process. The following were received in time to be included with this newsletter:

Cheryl Gebler (former Recording Secretary; nominated for Vice President): My name is Cheryl Gebler & I’ve been a member of HROTC since 2011, joining shortly after I got my Shetland Sheepdog, Jazz. Jazz has earned several Rally titles & we both love learning & training together. I’ve agreed to run on the ballot for Vice President & hope that my experience running Virginia Sash & Door with my husband Gerard gives me the leadership & organizational skills needed to be an asset to HROTC.

Beverly McGhghy (former Board Member; nominated for Recording Secretary): Agrees to do her best at taking minutes. Obtained her first AKC Companion Dog (CD) title on a sheltie in 1986, after taking classes in the midwest to learn how to teach the dog not to pull on the leash. Has been a HROTC member about 6-7 years and is currently working with Manchester Terrier “Riley” in nosework, agility and lure coursing, and Chinese Crested’s “Willie” and “Flash” in obedience and agility.

HROTC CLASSES

Registration for 2015 Session #2 Classes Are Now OPEN on the website (www.hrotc.org)

Tuesday - Feb 24 - ONE DAY ONLY CLASS			
time	Class	Instructor(s)	
6-8 pm	<p>Clicker Mechanics Workshop Have you always wanted to try clicker training, but didn't know where to start? Think you're all thumbs and couldn't possibly manage the clicker, treats, leash, and the dog all at once? Fear not! Help is on the way! Clicker training is easy, but the mechanics of using the clicker correctly can be difficult. This workshop covers hand/body position, timing, and treat delivery. Learn through a series of fun exercises and practice sessions. This workshop focuses on YOU!, so don't bring your dog, just come ready to have fun, laugh a little and learn a lot!</p>	AJ Eller	
Mondays - Mar 2 to Apr 6			
time	Class	Instructor(s)	
6-7pm	<p>Rally (all levels) Rally is a wonderful sport that can be described as a combination of competition obedience and agility. Rally behaviors are similar to obedience behaviors, but Rally teams follow a numbered course, as in agility - the judge doesn't call a pattern. You can talk to and encourage your dog (and yourself!) throughout the course. Rally exercises/behaviors easily transition into other dog sports and the show ring, but they are great day-to-day exercises for use in real world scenarios - "<i>come front and watch me while that kid on a skateboard goes by</i>" or "<i>let's do a moving side step to avoid that dog that is lunging at us</i>". Learning Rally is fun for you and your dog. It can be done in remarkably short training sessions, during commercial breaks, and while on your everyday walks. Rally is all about having fun and building a strong, joyful bond with your dog! And you can earn titles in the process!</p>	Nicole Tougas	
7-8pm	<p>Puppy Kindergarten - (minimum age: 8 weeks) This class is for puppies 2 thru 6 months old, a critical socialization period for dogs. Puppies exposed to new sights, sounds, surfaces, and people during this time are more able to handle new situations with confidence for the rest of their lives. In this class we will present puppies with new experiences as well as teach basic puppy manners including "paying attention to you", "sit", "down", "recall", "loose leash walking", "wait" and how to greet people and other dogs appropriately. A positive reward based approach is used</p>	Karen Neymark	
8-9pm	<p>Puppy Elementary School - (for dogs 7 thru 11 months of age) This is a time when your previously well mannered puppy may act like he has never heard the word "sit" or been to an obedience class before. It is very important to maintain consistent expectations and continue training during this time. In this class dogs will practice obedience behaviors with a higher level of accuracy and duration. Off leash work will be introduced. The goal will be to have a dog that is a well mannered member of the family and that you can feel comfortable taking anywhere.</p>	Karen Neymark	
Tuesdays - Mar 3 to Apr 7			
time	Class	Instructor(s)	
9:30-10:30am	Therapy Dog	Karen Neymark	
6-7 pm	<p>CGC Prep with Fun and Games - (prerequisite: Basic Beginner I or can demonstrate in a group class setting with distractions, the ability to sit, down, stay, come and walk on a loose leash) During the six week session we will continue basic obedience and emphasize the skills needed to pass the <u>Canine Good Citizenship Test</u>. All skills will be</p>	Lynn Winstead	

	introduced, practiced, and followed up with a little competition and fun.		
7-8 pm	<p>Clicker FUNDamentals - (It is strongly recommended that you take the Clicker Mechanics Workshop prior to taking this class)</p> <p>What is clicker training? It is a way of training in which desirable behavior is "marked" (with a sound), then rewarded/reinforced, making the behavior more likely to occur again in the future. Clicker training is a great way to teach your dog fun and useful behaviors because it creates strong, reliable behaviors. Clicker training is an ethical way to train your dog. It forms a strong, mutually enjoyable, working relationship free of physical and psychological intimidation. Dog training, even for serious obedience competition, should be fun for both ends of the leash!</p> <p>Dogs and handlers of all levels are welcome. Class will cover fundamental behaviors, but will be tailored to students needs. Improving duration/distance of current behaviors or training a trick or two may also be covered.</p> <p>Bring to class:</p> <ul style="list-style-type: none"> - LOTS of small, soft treats - chicken, cheese, hot dogs - Mat, bed or crate for dog to rest on/in while not working - Buckle collar or harness with 6 foot leash (no prong or choke collars) - Clicker if you have one! <p>It is strongly recommended that you take the Clicker Mechanics Workshop (a two-hour one-day class) prior to taking this class.</p>	AJ Eller	
8-9pm	<p>Basic Beginner I</p> <p><u>Indoctrination:</u> Types of collars, leashes, clothing, treats, Information about the club, etc.</p> <p><u>Week 1:</u> Sit, Down, Stays with handler stepping back into heel position</p> <p><u>Week 2:</u> Walking (heeling) with dogs sitting when handler stops, About Turns, Calling the dog (recall) from a stay/wait.</p> <p><u>Week 3:</u> Right Turns, Return to your dogs by going around them, Fast Pace</p> <p><u>Week 4:</u> Left Turns, Slow Pace, Finish to the right (Baltimore Swing)</p> <p><u>Week 5:</u> Finish to the left</p> <p><u>Week 6:</u> Review and individual run thrus</p> <p>You will also be introduced to K9 Fitness using FitPaws equipment each week we will introduce a different piece of equipment and build on that knowledge</p>	Jean Conroy	
Thursdays - Mar 5 to Apr 9			
time	Class	Instructor(s)	
6-7pm	<p>Advanced Nosework - (limited to 6 dogs) - Intro to Odor required as a prerequisite or dog needs to prove to be on odor!</p> <p>What you need to bring:</p> <ol style="list-style-type: none"> 1. Your odor kit. 2. A harness or buckle collar and a 10 foot long light-weight leash or a flexi leash. <p>In this class we will start to teach your dog to think outside the box. You and your dog will learn to search the 4 elements that are required to earn the NACSW "Nose Work 1" title. Even if you don't want to participate in trials, this class will introduce you and your dog to different searches; Interiors (rooms); Containers (boxes, luggage house hold items); Exteriors (yards, play grounds, parking lots, the sky is the limit); and Vehicles (the outside of several vehicles). In this class your dog is going for the full hunt and your dog will convince you that they've found the hide (scent) even though you may not see it.</p>	Silke Satzinger	
7-8pm	<p>Intro to Odor Nose Work (limited to 6 dogs) - Beginner Nose Work required as a prerequisite!</p> <p>What you need to bring:</p> <ol style="list-style-type: none"> 1. An odor starter kit (that you can obtain in class for \$15.00) or you can order thru http://www.allgooddogs.biz/ or http://k9nwsources.com/blog/ (this takes about 6 weeks to receive). 2. 6-8 plastic containers or boxes with lids. There should be 3 to 4 (~1/4-inch diameter) holes in each lid. 	Silke Satzinger	

	<p>During this class, we are introducing your dog to the 1st target odor "birch". We will teach you to train your dog to find the target odor and commit to the find and stay with it until you reward. This will get you ready for the Odor Recognition Test (ORT) thru the National Association of Canine Scent Work (NACSW) http://www.nacsw.net/ort-calendar-information/ort-information Even if you don't want to compete, this will be the start for all other search games to come</p>		
8-9pm	<p>Beginner Nosework - (limited to 6 dogs) - NO formal obedience or athletic skills are needed!</p> <p>What you need to bring:</p> <ol style="list-style-type: none"> 1. A flat-buckle collar or body harness (not a no-pull harness) 2. At the minimum, a 6-foot light weight leash (or a retractable leash). 3. The dog's favorite toy or high value food (chicken, hotdog) 4. Three small plastic containers so the dog can eat out of them (also it would be great if you can bring five or six sturdy cardboard boxes (shoe boxes work best). <p>Throughout this course we encourage your dog's natural scenting abilities by using their desire to hunt and their love of toys, food and exercise as well as learning to work independently. It is a fantastic way for letting your dog have fun, build confidence, and burn lots of mental and physical energy. It is also a great way to burn off energy on rainy or hot "inside" days.</p> <p>If you're interested in learning more about K9 Nose Work, check out this website: http://www.nacsw.net/home</p>	Silke Satzinger	

Classes are held at Holy Trinity Pastoral Center, 154 W. Government Avenue, Norfolk, VA 23503

DOG TIRED

The meaning of "dog tired":



HAMPTON ROADS OBEDIENCE TRAINING CLUB
APPLICATION FOR
MEMBERSHIP RENEWAL

(11/2013)

Please print:

Name(s): _____ Phone: _____

Street: _____ Email: _____

City: _____ State: _____ Zip: _____ Age: (if under 18): _____

Breed of your dog(s): _____ Name(s) of your dog(s) _____

To be an "active" member you are required to give a minimum of ten (10) hours of service to Club events each year, five (5) at the Spring Agility/Obedience/Rally Trials and five (5) from any of the following:

- A. Service as Officer, Board Member or Committee Chair/Member
- B. Lead or assist in planning and implementing special events
- C. Teaching or Assisting in Training Classes

Also, each member shall attend at least two (2) General Meetings (one of which shall not be a social event).

If a member does not complete this requirement in six (6) months, the member's membership becomes inactive and full training fees are required. Reinstatement cannot occur until the 10 hours commitment has been met and the member has paid full price for one training class.

Training fees per class of 6 weekly sessions are: \$45.00 for members with a \$25 discount for members who are active and \$75.00 for non-members, payable on the first night of the class.

The Club sponsors an obedience trial and agility trial, as well as training classes all during the year and other activities. Part of being a member is working on various committees to help make these activities successful. Which of the following committees would you be interested in working on?

Please check of as many as you like:

- Obedience Trial Chairman___ Obedience Trial Secretary___
Agility Trial Chairman___ Agility Trial Secretary___
Trophies___ Stewards___ Hospitality___ Grounds___ Timers___ Equipment___
President___ Vice President___ Treasurer___ Secretary___ Board Member___
Nominations Committee ___ Training Director___ Instructor___ Class Equipment___
Phone Tree___ Ways & Means___ Cards & Flowers___ Newsletter___
Match Chairman___ Match Secretary___ Education___ Awards Party___ Awards
Keeper___
Tailgate Supper___ Other___ What Did You Have In Mind?

I hereby renew my membership with the HAMPTON ROADS OBEDIENCE TRAINING CLUB, INC. I agree to abide by the Constitution and Bylaws of the club and the rules of the AMERICAN KENNEL CLUB, INC.

I enclose herewith the dues of \$25.00 for the current year.

(Family Membership is \$10.00 additional per family member residing in the same household.)

Print Name: _____

Signature: _____ Date _____

(In case of a minor, a parent or legal guardian must sign.)

Please make your check payable to:

"Hampton Roads Obedience Training Club" or just **"HROTC"** and send to:

HROTC

c/o Burt Juda, 205 Coventry Road, Virginia Beach, VA 23462

Officer Use Only:

Application taken by: _____ Date _____

Paid \$ _____ Check # _____ Cash _____

Dental Diets for Better Oral Health



How to deal with doggy (and kitty) breath

We all have busy schedules and it can be a struggle to make the time to brush our pets' teeth on a daily basis. Or, maybe you have a pet that is a sweetheart all the time except for when it comes time to sit still for a tooth brushing. If you fit either of these scenarios, or if your pet has specific problems with tartar buildup and bad breath that cannot be handled by brushing alone, your veterinarian may suggest a special dental diet.

Plaque is a natural component of the mouth's bacterial balance. It is soft, colorless, and easily removable with a firm brush. But while plaque is a normal part of the mouth's bacterial system, it can harden on the teeth if it is not removed on a regular basis, eventually becoming tartar.

Tartar attaches firmly to the tooth's surface, causing irritation to the gingiva, or gums, and further leading to tissue loss in the inflamed gingiva. Once plaque has formed into tartar it can only be removed by dental instruments. Dental diets are formulated especially for reducing the amount of plaque and tartar that accumulates on the teeth, and in some cases may even prevent serious oral diseases from occurring.

What Kind of Products Should You Look For?

The Veterinary Oral Health Council (VOHC) has reviewed many of the foods and treats that are made for reducing plaque on the tooth's surface, giving their seal of approval only to those products that meet the required standards that have been shown to control tartar and plaque in the mouths of cats and dogs. Look for foods with the VOHC seal (pictured to the right) on the package.



These foods are required to be balanced, with the same nutrient content as regular foods, but with the additional formulations that make them capable of cleaning teeth. Most hard kibble and treat products that are made for dental diets are larger in size, with an airy, fibrous texture that breaks up easily so that the edges of the kibble, in effect, scrub at the surfaces of the teeth as the animal chews. Some foods also have an added coating to reduce dental plaque.

Dental diet foods and treats are available online, from your veterinarian's office, and at local pet stores where prescription diets are sold.

Is a Dental Diet Right for YOUR Pet?

Because dental diets are nutritionally balanced, most pets can eat them as part of a normal daily diet. It is important to note, however, that not all animals' needs can be met with this diet plan. Dental diets should not be a main nutritional source for puppies or dogs that have special nutritional or medical needs, but should instead be used to supplement an established diet that is already meeting their specific nutritional requirements.

Additionally, some animals may not be able to tolerate a dental diet formula on a daily basis. In these cases, the dental food can be given as a treat instead.

You should decide whether a dental diet is appropriate for your pet by discussing it with your veterinarian first. It is not always appropriate to use a dental diet instead of a brush, and not all animals are suited to this type of diet. This may be due to underlying health issues, the current health status of the teeth and gums, or the age of your pet. Before initiating a dental diet, your veterinary dentist may even suggest a professional teeth cleaning, among or other procedures.

If you are planning to switch to a dental diet you will also need to keep in mind that in order to make it work you will need to abstain from sharing table scraps or extra treats with your pet, as this will defeat the purpose of the dental diet. It may be difficult to get used to not sharing with your furry friend, but keep in mind that if she loses her teeth or suffers from gum irritation due to tartar buildup, she won't be able to eat anything but mushy foods.

In the long run, you will be glad that you and your pet endured the short-term suffering of unhealthy treat withdrawal in favor of the long-term benefits that come from having healthy teeth.

UPCOMING EVENTS

January 30 /2015 (Friday), 6-8 pm, MOCK ORT (Odor Recognition Test) offered by HROTC. Cost: \$10 for first run and \$5 for each additional run of same dog. Contact: Silke at silks@agfm.com to reserve your spot.

February 17, 2015 (Tuesday) CGC/CGCA Testing offered by HROTC at the Holy Trinity Pastoral Center. Pre-Register for the CGC/CGCA Test on the www.hrotc.org website. (Or contact Training Director at mneymark@yahoo.com or 757-642-4745 (home).

February 28, 2015, (Saturday), 4 pm, HROTC Board Meeting at Suzie Parson's residence.

February 28, 2015, (Saturday), 6 pm, HROTC General Meeting at Towne Hall, 137 Mount Pleasant Road, Chesapeake, VA 23322

February 28, 2015 (Saturday), HROTC Awards Banquet immediately follows the general meeting at the Chesapeake Towne Hall location.

March 7 & 8, 2015 – AKC Agility Trial (all breed & mixed breed), sponsored by Tidewaters Poodle Club of Virginia to be held at Merrimac Dog Training Club, Hampton, VA. For more info, contact Linda Walker at (757) 268-7360 or kelevtova@gmail.com

March 13-14-15, 2015, UKC Conformation (2 shows each day) & Weight Pull (1 show each day), sponsored by Hampton Roads Kennel Club to be held at Southhampton County Fairgrounds, 25376 New Market Road, 23837. For more info, contact Chairperson Kathy Russell at (757) 544-1030 or marshwhite@aol.com; or Event Secretary Deb Eib at (804) 360-5744 or debeib1@aol.com.

March 21 & 22, 2015 – AKC Agility Trial, Richmond Dog Obedience Club, Inc. to be held in Toano, VA. For more info, contact Laurene Galgano at (757) 481-4854 or gonedoggin@cox.net

March 28 & 28, 2015 – UKC Obedience Trials, offered by Belroi Agility Club of Virginia, to be held at Belroi Agility and Obedience Center, 6023 Gallopond Lane, Gloucester, VA. Two obedience trials on Saturday; one obedience trial on Sunday. Pre-entries close 3/28/2015. For additional information, contact Nelson Fletcher, Trial Secretary, 804-693-2157 or belroi@verizon.net